Sleep Technologist Certificate
Hybrid Option

Program Overview
A good night’s sleep is critical to our health and wellness. But thousands of Americans suffer from sleep disorders and never receive the benefits of restorative sleep. Sleep medicine helps these people find relief, often by a visit to a sleep lab, where a sleep technologist helps diagnose a particular sleep disorder.

If you are seeking a career in the health field, have a caring and compassionate attitude, and have good communication and observation skills, a career as a sleep technologist may be for you. Due to the nature of the work, sleep technologists often work at night.

At NECC, the Sleep Technologist Certificate will prepare you for a career in sleep medicine. Throughout the program, you will be participating in classroom study, laboratory practice, and clinical experiences. Graduates of the program are qualified to take the RPSGT or Registered Polysomnography Technologist credentialing examination.

This program is offered in a hybrid format, in which you take all of your coursework online and attend class for clinical instruction one Saturday a month in the state-of-the-art sleep laboratory on Northern Essex’s Lawrence Campus. You are also required to complete a clinical experience at one of several clinical sites.

Career Opportunities
Graduates will be able to pursue many career paths. Most sleep technologists work in sleep labs, often associated with hospitals. Positions as sleep technologists are available, and graduates of the program usually have several job offers. Salaries are competitive, and many clinical agencies offer incentive packages.
Courses

Year 1, First Semester
- BIO101 Human Biology
- AND
- BIO102 Human Biology Lab
- OR
- HES140 Introduction to the Human Body
- HES130 Introduction to Patient Care
- PSG101 Polysomnography I
- PSG105 Physiology for Sleep Technologists
- PSG110 Polysomnography Clinical I

Year 1, Second Semester
- ENG101 English Composition I
- PSG102 Polysomnography II
- PSG111 Polysomnography Clinical II
- PSG120 Therapeutic Procedures for Polysomnography
- PSG122 Sleep Disorders for Pediatrics and Special Populations

Program Requirements

Admission Requirements: The Sleep Technologist Program has additional admission requirements. See the Admissions Criteria Packet under Courses and Requirements at www.necc.mass.edu/programs for complete information.

CORI/CHRI/SORI: Students interested in participating in this academic program may be required to undergo a Criminal Offender Record Information (CORI) check, a Criminal Records Central Repository (CHRI) check and/or a Sex Offender Record Information (SORI) check. For more information, visit www.necc.mass.edu/corisori.

Northern Essex Community College is committed to the success of every student. Students with legal issues in their background will meet with a committee as part of the CORI/CHRI/SORI process and will receive guidance and counseling throughout the review of their records. NECC personnel make every effort to help students prepare for careers in their chosen field. Students are encouraged to seek assistance and support.

Drug screening: Students enrolled in this academic program may be required to pass a drug screening analysis.

Getting Started

Ready to get started? It's easy! Northern Essex has an open admissions policy, which means that if you have a high school diploma or GED/HiSet or other state-approved equivalency credential, you are eligible to enroll at NECC. Just fill out an application, attend an orientation/assessment session, and then register for classes.

For more information on program costs and graduation rates, visit www.necc.mass.edu/STC.

For more information
Visit www.necc.mass.edu/programs, contact John Murray at 978-655-5892 or jmurray@necc.mass.edu, or contact Enrollment Services at 978-556-3700.